

# THE CHILD AND ADULT CARE FOOD PROGRAM

## Adult Care Component

This adult day care center is a participant in the Child and Adult Care Food Program (CACFP), a federal program of the Food and Nutrition Service, U.S. Department of Agriculture (USDA). The CACFP gives financial assistance to regulated adult day care agencies throughout the state. In Wisconsin, the CACFP is administered by the Department of Public Instruction (DPI).

The primary goal of the CACFP Adult Care Component is to provide financial assistance to adult day care centers for serving nutritious meals and snacks to adults who are functionally impaired or over age 60. Nutrition is important for good health. Proper nutrition is an important part of a high quality adult day care program. Adults need well-balanced meals in order to meet their daily nutrient and energy needs.

In participating in the CACFP, adult day care centers may be reimbursed for up to three meal services a day for each eligible participant (two meals and a snack, or two snacks and a meal) to offset food service costs. Reimbursable meals must meet the requirements established by USDA.

The USDA – CACFP Meal Pattern for meals that may be served to participating adults under the Child and Adult Care Food Program are listed below.

<b><u>Breakfast</u></b>	<b><u>Snack</u></b>	<b><u>Lunch and Supper</u></b>
<ul style="list-style-type: none"> <li>- Milk</li> <li>- Fruit, vegetable or full strength juice</li> <li>- Grain or bread product<sup>3</sup></li> </ul> <p><sup>3</sup> <i>Two full servings must be offered</i></p>	<p>Includes a food from two of the following four groups:</p> <ul style="list-style-type: none"> <li>- Milk</li> <li>- Meat or meat alternate</li> <li>- Fruit/vegetable or full strength juice</li> <li>- Grain or bread product</li> </ul>	<ul style="list-style-type: none"> <li>- Milk<sup>1</sup></li> <li>- Meat or meat alternate</li> <li>- Fruit and/or vegetables and/or full strength juice<sup>2</sup></li> <li>- Grain or bread product<sup>3</sup></li> </ul> <p><sup>1</sup> <i>Optional for supper</i>  <sup>2</sup> <i>From two or more sources</i>  <sup>3</sup> <i>Two full servings must be offered</i></p>

If you have questions about the CACFP, please contact one of the following:

<b>Participating Agency Contact Information</b>	<b>State Agency Contact Information</b>
<i>Contact Person</i>	Amanda Kane, RDN, CD, Director
<i>Agency Name</i>	Community Nutrition Programs
<i>Agency Address</i>	Wisconsin Department of Public Instruction
	P.O. Box 7841
<i>Agency phone number</i>	Madison, WI 53707-7841
	608-267-9129



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